

# Children's University Half Term Challenge!



## Get active!

Create a training guide covering an hour's worth of different physical activities. It could include a walk, some yoga, a dance around your bedroom to your favourite song or playing football. Draw diagrams of each activity.

## Get kind!

The month of February includes Valentine's Day and Random Acts of Kindness Day! This year, why not do both by making a card for someone you love and writing your act of kindness in it - you could offer to do the washing up!

## Get curious!

Have you ever wondered how sound travels? Investigate and complete this experiment using only a coat hanger and some string!

[tinyurl.com/6v9ejss5](https://tinyurl.com/6v9ejss5)

## Things to do this half term!

Each activity is worth 1 credit. To get a stamp code for *Children's University Online* email [contactus@childrensuniversity.co.uk](mailto:contactus@childrensuniversity.co.uk) with evidence - this could be a photograph, video, a work sheet, or writing about what you did! All activities require adult supervision. The supervising adult is expected to manage all activity risk.

## Get creative!

Play with objects, artworks and your favourite animals in this creative drawing challenge from the V&A Museum. Follow the guide and create your own funky critter.

[tinyurl.com/2vd3t2n4](https://tinyurl.com/2vd3t2n4)

## Get cooking!

February 21<sup>st</sup> is Shrove Tuesday, also known as Pancake Day! Research and write about what Shrove Tuesday is and why people celebrate it. Then make your own pancakes with a topping of your choice!